

Midvale Hub

We are here to assist children and families to grow, learn and thrive.

For more than 30 years, our Hub team has helped children and families in our local community to develop well and to gain skills for success at school and in life.

Together we can improve the health and wellbeing, education and care of your family. The Midvale Hub offers a variety of programs and services to support families to nurture happy, healthy children.

Whatever your needs are, our Hub team can link you with an appropriate program or service. Many of them free of charge for families.



Parenting Programs available

Ask us about our parenting programs including: Circle of Security Parenting, Tuning in to Kids, Tuning in to Teens, 1-2-3 Magic and Emotion Coaching, Engaging Adolescents and Bringing Up Great Kids. We can also tailor a program to suit your needs.

Need further assistance?

For further assistance please contact one of the family support lines from the contacts below:

Crisis Care Helpline: 9223 1111 or 1800 199 008

Ngala Parenting Line: 9368 9368 or 1800 111 546

Lifeline: 13 11 14

Kids Helpline: 1800 551 800



MIDVALE HUB

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Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.



Shire of Mundaring Children's Services



MIDVALE HUB

Midvale Hub Parenting Service Perth (North East)



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Parenting is such an important role and each stage of childhood presents new challenges. By continuing to learn about these different stages, and by developing new skills, you can support your child as they grow to strengthen and enhance family relationships.

Midvale Hub Parenting Service is a **FREE** service, offering information, support and referral services for parents and families with children 0-18 years within the Shire of Mundaring, City of Swan, Town of Bassendean and City of Bayswater.

Parenting Programs

The Midvale Hub Parenting Service offers a range of parenting programs to assist you to grow happy healthy children.

Individual assistance with parenting is available for any parenting concerns you may have, just talk to one of our Parenting Educators and they will be more than happy to listen and provide practical support and skill building. We can be contacted on (08) 9374 0327.

Our Parent Information and Support is offered through:

- Parenting programs for groups and individuals
- Individual and group support sessions
- Community events



The Parenting Service works in partnership with families to share knowledge and develop parenting skills, to support children to reach their potential at each age and developmental stage.

We Work in Partnership With You To:

- learn more about your child's development, behaviour, social and emotional needs
- enhance parenting skills to assist you to feel more confident about your parenting
- explore ways to strengthen your relationship with your child
- provide parents with a greater understanding of their and their children's emotional experiences and strategies to self-regulate
- develop social networks and connections in your community
- find out about other local support services