

Midvale Hub Parenting Service Perth (North East)



Tuning in to Kids

A parenting program for parents of children aged 3 - 10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety



Where:	Derrick Ernst Neighbourhood Centre 5 Tara Street, Morley
When:	Monday 21 st , 28 th October & 04 th , 11 th , 18 th & 25 th November, 2019 *Participants must be able to attend all sessions*
Time:	12.30pm – 2.30pm
Cost:	FREE. Registrations Essential.
Occasional Child Care;	Available on site, for a small fee. Bookings essential. Please phone (08) 9375 1985 to register

For more information and to register, please contact:

Name: Midvale Hub Parenting Service Perth North–East
Telephone: (08) 9290 6827
Email: parentingservice@mundaring.wa.gov.au



Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.



Midvale Hub Parenting Service Perth (North East)



MIDVALE HUB

Tuning in to Kids

A parenting program for parents of children aged 3 - 10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety



Where:	Derrick Ernst Neighbourhood Centre 5 Tara Street, Morley
When:	Monday 21 st , 28 th October & 04 th , 11 th , 18 th & 25 th November, 2019 <i>*Participants must be able to attend all sessions*</i>
Time:	12.30pm – 2.30pm
Cost:	FREE. Registrations Essential.
Occasional Child Care;	Available on site, for a small fee. Bookings essential. Please phone (08) 9375 1985 to register

For more information and to register, please contact:

Name: Midvale Hub Parenting Service Perth North–East

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au



Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.



Shire of Mundaring Children's Services