

Midvale Hub Parenting Service Perth (North East)



Tuning in to Kids

A parenting program for parents of children aged 3 - 10 years



Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety

Where:	Maylands Public Library 28 Eighth Ave, Maylands
When:	Wednesday's - 26 February, 4, 11, 18 March, 1 & 8 April, 2020 *participants must be able to attend all sessions * registration is essential
Time:	9.30am to 11.30am
Cost:	FREE – registration is essential
Crèche:	Limited places available at "The RISE" for a minimal fee. Bookings essential. Please contact; 9208 2414 or 9208 2400 OR rise.creche@bayswater.wa.gov.au

For more information, and to register, please contact:

Name: Midvale Hub Parenting Service Perth North–East
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Email: parentingservice@mundaring.wa.gov.au



Supported by



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Shire of Mundaring Children's Services