

Midvale Hub Parenting Service Perth (North East)



Tuning in to Kids

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety



Where:	Via Zoom; an online video conference platform accessible in your own home <i>Must have access to WIFI and a device with a camera</i>
When:	Friday mornings; 29 May, 05, 12, 19, 26 June, & 03 July 2020
Time:	10.00am – 12.00pm
Cost:	FREE – registration is essential

For more information

and to register, please contact:

Name: Midvale Hub Parenting Service (Perth North East)

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au



Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.



Shire of Mundaring Children's Services