

Midvale Hub Parenting Service Perth (North East)



Tuning in to Kids

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety



Where:	Via Zoom; an online video conference platform accessible in your own home <i>Must have access to WIFI and a device with a camera</i>
When:	Friday mornings; 29 May, 05, 12, 19, 26 June, & 03 July 2020
Time:	10.00am – 12.00pm
Cost:	FREE – registration is essential

For more information

and to register, please contact:

Name: Midvale Hub Parenting Service (Perth North East)

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au



Supported by



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