

# Midvale Hub Parenting Service Perth (North East)



## Bringing Up Great Kids

### A parenting program for parents of children aged 0 to 10 years

This 4 session program is designed for parents with children aged 0 to 10 years. The program focuses on promoting, and supporting, respectful, caring and nurturing relationships between parents and their children. Parents and carers are encouraged to become more reflective and mindful in their parenting approach. Learn more about:

- the origins of parenting styles and how it can be more effective
- identifying and communicating important messages to children
- overcoming some of the obstacles getting in the way of being the kind of parent you want to be
- understanding the meaning of children's behaviour and;
- discovering ways for parents to take care of themselves and find support



<b>Where:</b>	<b>Brockman Community House</b> 27 Hull Way, Beechboro
<b>When:</b>	Tuesday's 1, 8, 15 & 22 September, 2020 (must be able to attend all sessions)
<b>Time:</b>	9.30am – 12noon
<b>Cost:</b>	FREE – Registration is essential
<b>Crèche:</b>	Limited places available. <b>Bookings essential.</b> Please contact Brockman House; (08) 9279 1588. Cost of \$5 per session

### For more information and to register, please contact:

**Name:** Midvale Hub Parenting Service Perth North-East

**Telephone:** (08)9390 6827

**Email:** [parentingservice@mundaring.wa.gov.au](mailto:parentingservice@mundaring.wa.gov.au)



Brockman Community House



Supported by



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