

Midvale Hub Parenting Service Perth (North East)



MIDVALE HUB

Tuning in to Kids

A parenting program for parents of children aged 3 - 10 years



Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety

Where:	Maylands Public Library 28 Eighth Ave, Maylands
When:	Wednesday's - 19, 26 August, 2, 9, 16 & 23 September 2020 *participants must be able to attend all sessions * registration is essential
Time:	9.30am to 11.30am
Cost:	FREE – registration is essential
Crèche:	Limited places available at "The RISE" for a minimal fee. Bookings essential. Please contact; 9208 2414 or 9208 2400 OR rise.creche@bayswater.wa.gov.au

For more information, and to register, please contact:

Name: Midvale Hub Parenting Service Perth North–East
Telephone: (08) 9290 6827
Email: parentingservice@mundaring.wa.gov.au



Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.



Shire of Mundaring Children's Services