

Midvale Hub Parenting Service Perth (North East)



MIDVALE HUB

Tuning in to Kids

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness

- managing emotions such as anger and anxiety



Where:	Ashfield Community Centre Colstoun Road, Ashfield	2
When:	Tuesdays 16, 23 February 2, 9 & 16 & 23 March 2021 (must be able to attend all sessions)	
Time:	6.30pm – 8.30pm	
Cost:	FREE – registration is essential	

For more information

and to register, please contact:

Name: Midvale Hub Parenting Service (Perth North East)
Telephone: (08) 9290 6827
Email: parentingservice@mundaring.wa.gov.au



Supported by



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Shire of Mundaring Children's Services