

Midvale Hub Parenting Service Perth (North East)



MIDVALE HUB

Tuning in to Kids

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety



For more information
and to register, please
contact:

Where:	Maylands Public Library 28 Eight Ave, Maylands
When:	Wednesdays 24 February, 3, 10, 17, 24 & 31 March 2021 *Participants must be able to attend all sessions
Time:	9.30am to 11.30am
Cost:	FREE – registration is essential
Crèche:	Bookings essential. Limited places available at 'The RISE' for a minimal fee. Please enrol at www.bayswaterrecreation.com.au/the-rise-creche and follow the booking instructions. Online bookings can be made up to 7 days in advance. Phone: 9208 2414 during Crèche hours.

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Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.



Shire of Mundaring Children's Services