

Midvale Hub Parenting Service Perth (North East)



MIDVALE HUB

Tuning in to Kids

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness



Where:	Via online video conference platform accessible in your own home <i>Require access to WIFI & a device with a camera</i>
When:	Mondays 17, 24, 31 May (Public Holiday) 14, 21, 28 June 2021 <i>*Participants must be able to attend all sessions</i>
Time:	7pm – 9pm
Cost:	FREE – registration is essential

For more information and to register, please contact:

Name: Midvale Hub Parenting Service (Perth North East)

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Supported by



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Shire of Mundaring Children's Services