

# Midvale Hub Parenting Service Perth (North East)



## 1-2-3 Magic and Emotion Coaching

A 3 session parenting program for parents of children aged 3 - 10 years

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

The program explores ways parents can increase their children's ability to manage, and self-regulate their feelings and reactions. Learn more about:

- building positive relationships with children
- encouraging positive behaviour
- setting family rules and routines
- planning to avoid or manage potentially difficult situations



<b>Where:</b>	<b>Derrick Ernst Neighbourhood Centre</b> 5 Tara Street, Morley
<b>When:</b>	Thursdays 17, 24 June & 1 July, 2021 *Participants must be able to attend all sessions*
<b>Time:</b>	12.30pm – 2.30pm
<b>Cost:</b>	FREE. <b>Registrations Essential.</b>
<b>Occasional Child Care;</b>	Available on site, for a small fee. <b>Bookings essential.</b> Please phone (08) 9375 1985 to register

**For more information and to register, please contact:**

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Supported by



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