## Midvale Hub **Parenting Service Perth (North East)**



## 1-2-3 Magic and Emotion Coaching

A 3 session parenting program for parents of children aged 3 - 10 years For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

The program explores ways parents can increase their children's ability to manage, and selfregulate their feelings and reactions. Learn more about:

- building positive relationships with children
- encouraging positive behaviour
- setting family rules and routines
- planning to avoid or manage potentially difficult situations



For more information and to register, please contact:

Where:	Maylands Public Library 28 Eight Ave, Maylands
When:	Wednesdays 23, 30 March & 6 April, 2022 (must be able to attend all sessions)
Time:	9.30am – 11.30am
Cost:	FREE – Registration is essential
Crèche:	Bookings essential. Limited places available at 'The RISE" for a minimal fee. Please enrol at <a href="https://www.bayswaterrecreation.com.au/the-rise-creche">www.bayswaterrecreation.com.au/the-rise-creche</a> and follow the booking instructions. Online bookings can be made up to 7 days in advance. Phone: 9208 2414 during Crèche hours.

Name: Midvale Hub Parenting Service (Perth North

East)

Telephone: (08) 9290 6827

parentingservice@mundaring.wa.gov.au Email:









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Shire of Mundaring Children's Services