

# Midvale Hub Parenting Service Perth (North East)



## Engaging Adolescents

**This program is targeted for parents of 11 to 18 year olds old who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater.**

Engaging Adolescents is a 3 session program for parents with young people age 11 to 18 years.

The program explores the changing landscape of young people, and the different skills parents can use to keep connected with their young person.

Learn more about:

- building positive, connected relationships with your young people
- setting realistic boundaries around socialising, internet use, gaming and school work
- working together to respond to, and understand , adolescent emotional experiences



<b>Where:</b>	Children's Services Office Midvale Hub Parenting Service Perth North East 33 Wellaton Street, Midvale
<b>When:</b>	Thursdays 8, 15, 22 September, 2022 (participants must be able to attend all sessions)
<b>Time:</b>	6pm – 8pm
<b>Cost:</b>	FREE

**Registration is essential, please contact:**

**Name:** Midvale Hub Parenting Service Perth North–East  
**Telephone:** (08) 9290 6827  
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Supported by



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