



WHO WE ARE?

We are a community based not-for-profit Calisthenics Club training locally in Dianella, Girrawheen and Ballajura.

WHAT WE DO?

Calisthenics is perfect for all ages to build confidence, improve stamina, make new friends and stay active. It's an exciting sport that is a mix of dance, gymnastics, simplified ballet, singing and apparatus work.



CALL OR TEXT BROOKE

 **0422 487 930**

ENQUIRY DETAILS BELOW



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www.athenacalisthenicsclub.com